NOVEMBER 2019

Travel presentations, local business tours, Eastern exercises, jewelry making, and much more all November long!

Paint with Teresa!!!
November 26 6:15 PM
Cost: $25.00
All supplies furnished

Call #348-9934 To sign up.
Wayne Bergeron is enjoying a career as one of the most sought-after musicians in the world. As a sideman, Bergeron’s list of recording credits reads like a who’s who in contemporary jazz and pop, running the stylistic gamut from Ray Charles and Barbra Streisand to Green Day and The Dirty Loops. His session work includes over 350 TV and motion picture soundtracks, and Bergeron can be heard as a featured soloist on films such as Ted 2, Minions, Jersey Boys, The Incredibles, Rocky Balboa, The Green Hornet, Despicable Me 2, Leather Heads, The Perfect Game, and numerous TV shows including Jeopardy.

Bergeron was mentored by legends like Uan Racey, Bobby Shew, Warren Luening, & George Graham. He hopes to inspire a new generation of young players and feels it’s important to give back. Bergeron says, “Nothing makes me feel more accomplished than hearing a young musician say that I inspired them or had a positive influence on their life. For me, that’s the real payday.”

This performance is sponsored, in part, by the Dorothea Wilgus Pickard Fund. Ask for your discount for an additional 10% off the senior ticket price with groups of 5 or more!
Stop by our table at this year’s PLHS Girls Soccer Craft Show on Saturday November 23rd from 9 AM to 3 PM!

- CONNIE B’s CANNED MEAT
- PLATTEVILLE HISTORIC IMAGE CALENDARS
- BEV D’s HOT SOUP BOWL HOLDERS
- TIED BLANKETS

Reach the Senior Market
ADVERTISE HERE

We are specialists in helping Seniors through life’s transitions.
Assisting in homes sales in Grant, Iowa, Lafayette and Jo Daviess Counties.

(608) 778-9805
LoriDroessler.com

1-800-514-0066
or
608-723-6113
8820 Hwy 35-61 South
Lancaster, WI 53813

Volunteers Needed!
Call or stop in for an application today.

Yarn Soup
a feast of fibers
www.yarn-soup.com

Call today to connect with a SENIOR LIVING ADVISOR

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

A Place for Mom has helped over a million families find senior living solutions that meet their unique needs.

There’s no cost to you!
(888) 672-0689
We’re paid by our partner communities

Platteville Senior Center, Platteville, WI A 4C 01-1416

For ad info. call 1-800-950-9952 • www.4lpi.com

Chris Blocher to place an ad today!
cblocher@4LPi.com
or (800) 950-9952 x5822
ANSWERS IN NEXT MONTH’S NEWSLETTER

STAY SHARP WITH SUDOKU!

NEVER MISS A NEWSLETTER!
Sign up to have our newsletter emailed to you at www.ourseniorcenter.com

Bill’s Plumbing & Heating
Platteville, WI 53818
(608) 348-5026

430 Sidney Street
East Dubuque, IL 61025
815-747-6701

CEDAR HILLS CONDOMINIUMS
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Assisted Living Starting at $1,800
Independent Living Starting at $900
Memory Care Starting at $3,900
Your Home, Your Way.

TWIN PINES
430 Sidney Street
Assisted Living Starting at $1,800
Independent Living Starting at $900
Memory Care Starting at $3,900
Your Home, Your Way.

Bill’s Plumbing & Heating
Platteville, WI 53818
(608) 348-5026
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Please call the meal site (not the Center) by 6:00 the night before to reserve a meal! 348-8042</td>
<td>Unless another bread item is listed, all meals include a serving of Whole Wheat Bread</td>
<td></td>
<td>1 Pepper Steak Mashed Potatoes Cooked Spinach Banana Bread Pudding w/ Caramel Sauce</td>
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<tr>
<td>4 Tater Tot Casserole Normandy Blend Veggies Black Bean Salad Rice Cereal Treat</td>
<td>5 BBQ Baked Chicken Breast O’Brien Potatoes Green Beans Fruit Medley Baked Apple w/Cinnamon</td>
<td>6 Salmon Loaf Au Gratin Potatoes Mixed Greens w/Dressing Hidden Pears Cherry Fluff</td>
<td>7 Chicken Alfredo Pease &amp; Carrots Caesar Salad Fruited Gelatin Frosted Sugar Cookie</td>
<td>8 Swiss Steak w/Gravy Mashed Potatoes Season Spinach Pineapple Rings Frosted Marble Cake</td>
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<tr>
<td>11 NO MEALS SERVED</td>
<td>12 Sliced Roast Pork Candied Sweet Potatoes California Blend Veggies Chunky Applesauce Oatmeal Fudge Ba</td>
<td>13 Swedish Meatballs over Mashed Potatoes Hot Beet Peaches Crème Puff Dessert</td>
<td>14 Beefy Mac Casserole w/Beans Mixed Green Salad/ Dressing Apricots Chocolate Cherry Bar</td>
<td>15 Pasty w/Gravy Mandarin Oranges Pea &amp; Cheese Salad Corn Bread Lemon Pie Square</td>
</tr>
<tr>
<td>18 Navy Bean Soup Tuna Salad Sandwich on Whole Wheat Bread Waldorf Salad Orange Chiffon Cake</td>
<td>19 Baked Cod/Tartar Sauce Cowboy Potatoes Brussel Sprouts Romaine w/Dressing Peanut Butter Cookie</td>
<td>20 Sliced Roast Turkey Mashed Potatoes/Gravy Sage Dressing Green Bean Casserole Cranberry Sauce Pumpkin Pie Square w/Topping</td>
<td>21 Chicken Ala King w/Veggies over Mashed Potatoes Seasoned Broccoli Rosey Pears Chocolate Pudding</td>
<td>22 Pulled Pork on a Bun Hashbrowns Buttered Carrots Sunshine Salad Blueberry Crisp</td>
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<tr>
<td>25 Beef Tips in Gravy over Egg Noodles Baked Corn Spinach Salad Peaches Scotcharoo Bar</td>
<td>26 Meatloaf Oven Browned Potatoes Peas &amp; Pearl Orions Mixed Greens/Dressing Cheesecake w/Fruit Topping</td>
<td>27 Ring Bologna w/Sauerkraut Cowboy Potatoes Baked Beans Pineapple Chunks Frosted Carrot Cake</td>
<td>28 NO MEALS SERVED</td>
<td>29 Pork Chop Sweet Potatoes Oriental Salad Chunky Applesauce Poke Cake w/Topping</td>
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</tbody>
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# November 2019 Events

<table>
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<tr>
<th>MONDAY</th>
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</thead>
<tbody>
<tr>
<td>Have a question about or for the Senior Center?</td>
<td>Call 348-9934 To speak with Jon or Jill</td>
<td>4:00 Tour and Breakfast at Holiday Inn Express &amp; Suites/Tour library after breakfast 8:15-9:15 Yoga w/Eileen 10:00 Bridge 12:30 Smear</td>
<td>11:00 Card Making w/Becky—Sign-up Required; Cost, $6 10:30 Guest Speaker John Klosterman, Topic: Canadian Rockies 12:30 Cribbage</td>
<td>9:00 SCA Meeting 10:00 Confucius Institute Program: Gi Gong Exercise 10:30 Music w/ Country Deputies 12:30 Cribbage</td>
</tr>
<tr>
<td>4:00 Tour and Breakfast at Holiday Inn Express &amp; Suites/Tour library after breakfast 8:15-9:15 Yoga w/Eileen 10:00 Bridge 12:30 Smear</td>
<td>5:00 Yoga w/Eileen 10:00 Reading Club 12:30 Dominoes/Learn to play Hand and Foot</td>
<td>6:00 Yoga w/Eileen 10:00 Crafts w/Vicki 12:30 Dominoes/Hand and Foot</td>
<td>7:00 Guest Speaker Angie Donovan from St. Croix, Topic: Falls 12:30 Euchre/500</td>
<td>8:00 CoA Meeting 12:30 Cribbage</td>
</tr>
<tr>
<td>11 CLOSED</td>
<td>12:00 Bridge 12:30 Smear</td>
<td>12:30 Dominoes/Hand and Foot</td>
<td>10:00 Crafts w/Vicki 12:30 Dominoes/Hand and Foot</td>
<td>11:00 CoA Meeting 12:30 Cribbage</td>
</tr>
<tr>
<td>18:00 Tai Chi &amp; Low Impact Aerobics, Mary Ann Schultz 10:45 Guest Speaker Bryant Schoert, Topic: Diabetes 12:00 Bridge 12:30 Smear</td>
<td>19:00 Blood Pressure Sugar Level Check</td>
<td>20:00 Yoga w/Eileen 10:00 Hearing Loss Support Group 12:30 Dominoes/Hand and Foot</td>
<td>11:00 Guest Speaker Bill Ericsen, Topic: Trip to Germany as a Foreign Exchange Student 12:30 Euchre/500</td>
<td>11:00 Guest Speaker Joan Bahr, Topic: Probiotics/Prebiotics 12:30 Cribbage</td>
</tr>
<tr>
<td>23:00 Craft Fair at PHS</td>
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<tr>
<td>25:00 Yoga w/Eileen 10:30 Jewelry Making w/Jackie 12:00 Bridge 12:30 Smear</td>
<td>26:00 Music w/PHS Musical Cast/Adams Family 6:15 Paint Class w/Teresa, Wood Christmas Sign</td>
<td>27:00 Yoga w/Eileen 12:30 FREE BINGO Sponsored by Woodward Printing</td>
<td>28 CLOSED</td>
<td>29 CENTER CLOSED MEAL SITE OPEN</td>
</tr>
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- **Happy Thanksgiving**

Remember Our Veterans:
PASS CORNER (Platteville Area Senior Support); supporting senior activities in the Platteville area, primarily the Senior Center; paying the facility rent and providing various items.

Contact information: pvillepass@gmail.com; phone, 217-341-5357 (John K.) BOARD MEMBERS: Ray Banfi, Joyce Bos (Secretary), John Klosterman (Acting Chair), Shanshan Thompson (Treasurer), and you? (One vacant Director’s position.)

Membership: Regular, $25/year. Second household member and multi-year discounts.

UPCOMING EVENTS

REDUCED PRICING FOR 2020 CALENDARS: Historic Platteville calendars. $10 NOW $8 at the Center and various locations. $10 mailed; contact us. Don’t forget, limited free mailing for Members; up to 5 for Regular Members and 10 for Premium Members. GREAT CHRISTMAS GIFTS!! QUANTITY DISCOUNT: 5 or more, $5 each; free mailing does not apply at this price.

VOLUNTEER OPPORTUNITIES/NEEDS

NON-MEMBERS AS WELL AS MEMBERS: YOU are welcome to assist, CONTACT US!

PASS is considering starting monthly Bingo next year as an ongoing fundraiser. To do this, volunteer assistance will be needed. More information as this develops.
Do you or someone close to you have a hearing loss?
JOIN US for a FREE Seminar for People with Hearing Loss.

Let's Chat About Hearing Loss

WEDNESDAY, November 20, 2019
10:00 a.m. – 11:30 a.m.

Platteville Senior Center
155 W Lewis Street
Platteville, WI 53818

For questions contact: swwihi1aa@outlook.com or call (608) 726-2370
For more about the Hearing Loss Association of America visit www.hearingloss.org.